

Serratus posterior superior is a thin, quadrilateral muscle lying deep to the rhomboideus and superficial to the thoracolumbar fascia.

**Proximal Attachment**

It arises from the lower part of the ligamentum nuchae, the spinous processes of C7 to T3 and the intervening supraspinous ligaments.

**Distal Attachment**

It descends infero-laterally ending in four digitations, which attach to the upper borders and external surfaces of the second to the fifth rib lateral to the angle.

**Nerve Supply**

Serratus posterior superior is supplied by the second to fifth intercostal nerves.

**Action**

Serratus posterior superior elevates the ribs.

*For more information on the shoulder see ' The Interactive Shoulder'.*